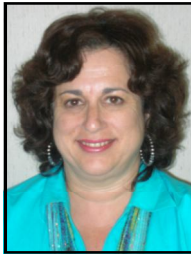


## About our staff

Wise Options is a program of Jewish Family Services of York, which **has provided geriatric counseling since its inception in 1988.**

The agency draws on a broad network of community resources, built over more than two decades of serving older adults. Its faith-based ties foster sensitivity to ethical issues.



**Geriatric care manager Joan Krechmer is a Licensed Clinical Social Worker with advanced certification in care management and gerontology.**

**She holds an MSW from the University of Pennsylvania and has practiced social work since 1977. She also is a Nationally Certified Guardian.**



She is assisted by Jessica Brein, a family communications coach with a M.Ed. from the University of Pittsburgh.

Jessica has worked for JFS of York since 1992, helping families forge better lives, overseeing relevant and vibrant older-adult programming, and working with Joan on case management and guardianship.

**Wise Options**

2000 Hollywood Drive  
York, PA 17403



## Wise Options

Aging's challenges.  
Your choices.

Sound guidance when you:

- Worry about what's best for Mom and Dad
- Worry about safety
- Worry about finding sufficient resources for care
- Want to plan but don't know where to start

## Geriatric care management? What's that?

As members of the National Association of Geriatric Care Managers, ([www.caremanager.org](http://www.caremanager.org)), we take a holistic approach to the challenges posed by growing older.

We draw on perspectives and expertise from a variety of fields to help put the plan in place that best suits you – or your loved one.



Then we can monitor it, to make sure all goes well, and to act quickly if anything needs attention.

## Who can use us?

Anyone can use our services including:

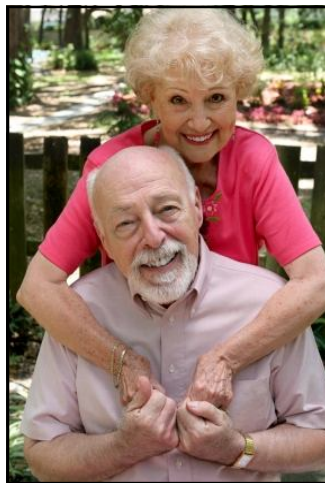
- Independent seniors concerned about their long-term future.
- Older or ailing seniors in need of support and assistance, at home or with relocating.
- Children, family or care-givers concerned about a senior's well-being.
- An attorney, guardian or financial advisor needing advice for a client.

## What we do

As geriatric care managers, we look at the whole person: social ties, housing and transportation needs, medical, legal and financial issues, and spirituality.

Working with seniors, families and caregivers, we try to shape a plan for a life with dignity, respect and meaning.

Experienced in both crisis intervention and long-term planning, we:



- Meet with families to define and clarify issues and resolve conflicts.
- Help put together a care "team" – or fill in gaps among existing supports.
- Seek the best support services, from legal

advice and medical care to in-home aides and transit.

- Research alternative housing if needed, and ease the transition.
- Use the latest independence-promoting technologies for remote monitoring.
- Keep family members apprised of what's going on, no matter how far away.
- Plan not only for today but for what tomorrow may bring.

## Costs and services

A brief, initial consultation is always free. Beyond that we charge:

- \$200 for a comprehensive assessment and care plan.
- \$90 per hour for general consultations or counseling.
- \$150 per month for ongoing case management for those with care plans.
- \$75 and up per month for personal-affairs management, such as bill-paying and banking.
- A \$525 start-up plus \$75/hour for anyone in need of court-sanctioned guardianship services.

## Where to find us

### Wise Options

2000 Hollywood Drive

York, PA 17403

717-843-5011

Fax: 717-846-3025

Email: [jfsyork@comcast.net](mailto:jfsyork@comcast.net)

[www.wiseoptionsyork.org](http://www.wiseoptionsyork.org)

Wise Options is a program of JFS of York, which is located at the rear of the York JCC, where parking is abundant. It's less than a mile northwest of Interstate-83 off the Queen Street exit.