



PLAN WELL • AGE WELL • LIVE WELL



GERIATRIC CARE MANAGEMENT

CARING FOR THE NEEDS OF SENIORS

*“...As one grows older,
one climbs with surprising strides.”*

- GEORGE SAND

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Life never gets old. No matter how long we've lived, how many journeys we've traveled or passions we've pursued, we never stop thinking about what tomorrow may bring. And creating a secure tomorrow for your family doesn't happen by chance. Being proactive and planning ahead are keys to ensuring that tomorrow will be as fulfilling and rewarding as possible.

At ElderCare Solutions of Michigan, we know that planning well is paramount for ensuring a secure future ... especially for those seniors who live far away from their families. Good planning is one thing that can bring peace of mind to adult children who live out of state and can't be with their aging parents as often as they would like.

As a provider of Geriatric Care Management, ElderCare Solutions of Michigan has been uniquely connected within the community for many years. We know the right people, the right places, the right services ... and the right solutions that will not only save you money and precious time, but will help your loved ones age well and live well.



“Thank you for helping my mom maintain her independence and dignity, and for allowing me to remain her child, not her Care Manager.”

- ELLEN W., WEST BLOOMFIELD, MI



AGING WITH DIGNITY

As we age, we trade in some of our youthful vigor for life experience. But we should never have to trade in our dignity.

Many seniors benefit from having their daily functions monitored and assistance adjusted as needed. The Geriatric Care Management program at ElderCare Solutions of Michigan cares for seniors in a way that affords them the dignity they deserve. Our Care Managers provide services designed to promote good health, improve overall quality of life, reduce the need for hospitalization and enable independent living for as long as possible.



WHAT IS A GERIATRIC CARE MANAGER?

Think of a Geriatric Care Manager as a general contractor for your well-being. They help bring together all the right services to help your loved one with their individual circumstances. Geriatric Care Managers are health and human service professionals who help seniors maintain their independence, allowing them to age gracefully and with dignity.

Each Care Manager at ElderCare Solutions of Michigan undergoes specialized training in elder care-related fields, including nursing, gerontology, social work and psychology.

Our Care Managers strategically partner with other service providers to offer seniors a comprehensive array of services that help coordinate their daily lives and routines, and achieve their maximum potential.

*“Living well and beautifully and justly
are all one thing.”*

-SOCRATES

PLAN WELL

The first step in creating a viable plan for your loved one is to discuss your options with an ElderCare Solutions of Michigan Care Manager. You'll find that our Care Managers are warm, loving, trustworthy and simply extraordinary people. They have the knowledge, training, and most of all, the compassion to work with each family to assess their unique situation and devise a care plan for appropriate services and coordinated care that everyone will agree with.

FOUR STEPS TO BETTER LIVING

ElderCare Solutions of Michigan has devised a four-step process. Each step is exclusively designed to minimize cost and maximize the benefits to ensure the best care possible.

STEP 1: In-Person Assessment

We provide a comprehensive evaluation designed to optimize a senior's ability to enjoy good health, improve their overall quality of life, reduce the need for hospitalization and enable them to live independently for as long as possible.

STEP 2: Sharing a Care Plan

The care plan includes the results of the in-person assessment. We discuss options, provide recommendations, share ideas and referrals. *We go into great depth explaining:*

- What led to the recommendations
- A prioritized needs list
- What you can expect
- Costs of services

STEP 3: Implement Care Plan

After the care plan has been approved, the Care Manager begins the implementation process. To provide peace of mind, every detail will be closely monitored to ensure the proper arrangements for service delivery are taken care of.

STEP 4: Follow Up and Reporting

The ElderCare Solutions of Michigan Care Manager will monitor our client's progress making certain that their best interests, safety and happiness come first. Communication will be provided monthly or more frequently depending on the circumstances.

AGE WELL

LIVING WITH GUIDED CARE

Each ElderCare Solutions of Michigan Care Manager serves as a personal “Life Manager,” helping not only with everyday needs, but standing by 24/7 in the event of an emergency.

An extension of your own family, our Care Managers continually look out for your best interests, serving as a friend, advocate and mediator. We'll objectively monitor the progress, updating the family on a regular basis or as needs or circumstances change, and facilitate a family discussion when there is a need to take action.

- *Conduct a professional assessment*
- *Generate a client centered care plan with recommendations*
- *Create a priority list based upon senior's economic abilities*
- *Arrange care services*
- *Find appropriate community resources*
- *Be a tremendous source of information, support and guidance*
- *Provide ongoing monitoring*
- *24 Hour/7 days a week on call Care Manager*
- *Provide crisis intervention as needed*
- *Assist the family in long-distance care-giving*
- *Communicate with professionals and family*
- *Help the family cope with the physical and mental issues of aging*
- *Discuss viable methods of stress management among family members*
- *Family mediation*
- *Remain focused on the senior's best interests*
- *Help the family in determining viable in-home care options*
- *Assist with residential planning*
- *Coordinate with other providers*
- *Advocate in medical situations*
- *Coordinate and/or assist with medical needs (health, vision, dental, physical therapy, personal emergency response systems, hearing aides, pharmaceutical needs, home health care, durable medical equipment, Hospice and palliative care)*
- *Review of financial status and legal documents*
- *Meals on wheels*
- *Transportation*
- *Home modification*
- *Movers, packers, and organizers*
- *End of life care and coordination*
- *Concierge services (transportation to the beauty shop, airport etc.; personal shopping; social wellness)*

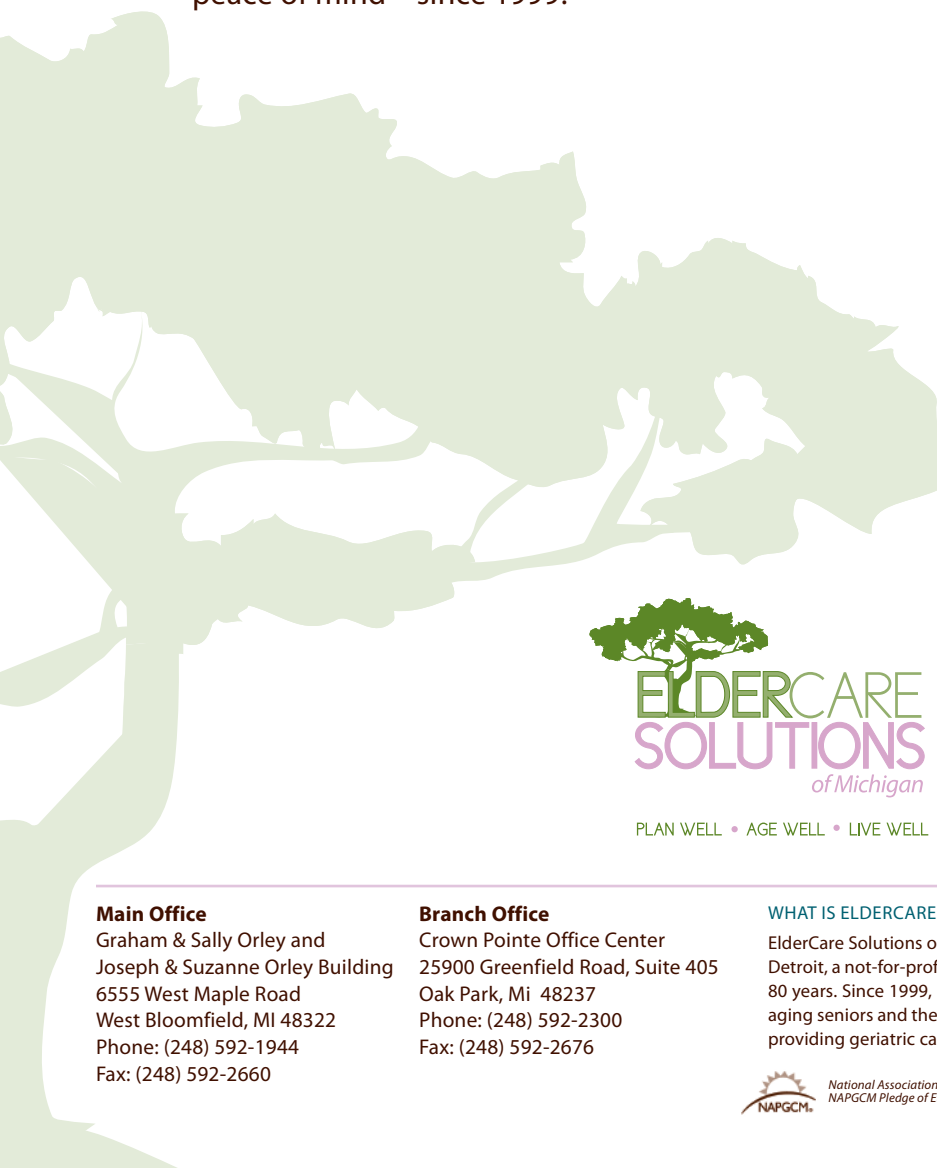


Does Someone You Love Need Help Managing Their Life?
Let ElderCare Solutions of Michigan provide the solution!



L I V E W E L L

ElderCare Solutions of Michigan has helped families “live well” – giving them complete peace of mind – since 1999!



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WHAT IS ELDERCARE SOLUTIONS OF MICHIGAN?

ElderCare Solutions of Michigan is a division of Jewish Family Service of Metropolitan Detroit, a not-for-profit organization that has served the tri-county area for more than 80 years. Since 1999, ElderCare Solutions of Michigan has been dedicated to helping aging seniors and their families cope, survive and thrive in an ever-changing world by providing geriatric care management.



National Association of Professional Geriatric Care Managers (NAPGCM)
NAPGCM Pledge of Ethics and Standards of Practice

