

Caring for the Caregiver...

SARASOTA CARES

"Caregivers Accessing Resources & Essential Services"

If you are the Caregiver for a loved one age 60 or older...

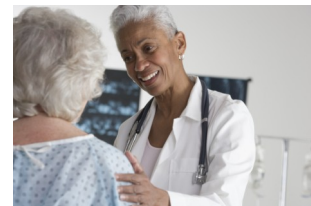


You are not alone...

Sarasota CARES staff will meet with you to help identify and create an individualized plan that supports you in your role as a caregiver.

Your voice is heard...

Sarasota CARES will help connect you with supports and resources in your community to reduce the stress of caring for a loved one.



There is hope...

Sarasota CARES will match caregivers and their loved ones with well-trained volunteers to provide in-home companionship while you take a break from caregiving.

Sarasota CARES Partners: Goodwill Industries/Sarasota Ministerial Alliance
Sarasota County Government•United Way 211 of Manasota, Inc.
Sarasota Memorial Hospital Memory Disorder Clinic•University of South Florida
SCOPE•Senior Friendship Centers•The Friendship Volunteer Center
The Pines Education Institute of Southwest Florida



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JFCS...When You Can't Do It Alone

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